

Exclusive for You: Our Extra Services

Extra services for your health

- **Activity weeks and Well-Aktiv programs**
Health & lifestyle programs for preventative health care in top health resorts! We pay up to €160 toward your stay.
- **7Mind mindfulness app**
Insured members of Daimler BKK can use the premium version of this app for twelve months free of charge.
- **100 PRO AKTIV bonus program**
We will reward you and your family if you complete various health-enhancing measures and activities within a calendar year. You will receive €10 for adults and €5 for children per completed measure.
- **Daimler BKK RückenPlus program**
This program is aimed at helping those with back, shoulder, hip, and knee problems. All you have to do is get a certificate from the company doctor confirming that you have a medical need.
- **Family Doctor+ trusting care**
The special program for care by your family doctor. Your family doctor will receive more money and will have more time for you thanks to the simple processes involved.
- **Homeopathic remedies and naturopathic treatment**
We take over costs amounting to €225. We will reimburse up to a total of €100 per year for many non-prescription drugs used in homeopathy, phytotherapy, and anthroposophy that are available only from pharmacies, provided they were prescribed by a doctor on a private prescription.
- **Personal nutrition counseling**
We will support you with individual nutrition counseling if you require a special diet due to a medical condition.
- **Osteopathy**
We will cover 80 percent of the costs for up to six quality-assured osteopathy sessions (maximum of €60 per treatment) per calendar year, i.e. up to €360.
- **Quality-assured health-care courses**
Keep yourself fit and we'll pay 90 percent of the course fees, up to a maximum of €150 per course.
- **Vaccinations**
We'll cover the cost of vaccinations required by law as well as any vaccinations recommended by a doctor.
- **Selective tariff, premium reimbursement (premium payment)**
You will be reimbursed up to one month's premium (maximum of €416.03 retroactive for 2022) if you do not make any claims outside of check-ups and health-enhancing services.



100 PRO AKTIV is our rewards program for the health-conscious: Children, teenagers, and adults who play sports, go to check-ups or health-care classes, will receive €10 (€5 for children and teenagers) for every completed measure.

Extra services for your health care

- **Check-ups for those under 35**
We reimburse costs of up to €30 every two years.
- **Skin cancer screening**
We will pay up to €25 toward these tests once a year.
- **Cancer prevention for men under 45**
We contribute up to €15 per year.
- **PSA test for men over 20**
We reimburse up to €20 per year to policyholders aged 20 and above.

Our extra services

- **Daimler BKK app**
The digital mailbox, self-services, become a member online, digital care offers, and much more.
- **Video consultation**
This medical consultation can be used via your computer or via the Daimler BKK app – both at home and abroad!
- **Digital Health Navigator**
Our Digital Health Navigator will help you to assess health complaints and to locally and digitally find the appropriate medical offers that match the particular illness.
- **Collegial advice**
Fair and competent consultation by colleagues.
- **Medical advice around the clock**
Call our 24-hour telephone hot line INFOMED for independent advice on all medical matters.
- **Podcasts and videos**
Based on the theme of "Do something for yourself", we provide entertaining tips on the topics exercise, relaxation, and nutrition.
- **Supplementary insurance**
Take advantage of the enticing options offered by Daimler Vorsorge und Versicherungsdienst GmbH.

Exclusive for You: Our Extra Services

Our extras for your pregnancy

- **Fertility treatment**
In addition to the legally required cost contribution, we cover additional costs arising from the treatment plan so long as both partners are insured with us.
- **Medications for pregnant women**
We cover costs for non-prescription proprietary medicines containing the active ingredients iron, magnesium and/or folic acid and available only from pharmacies if prescribed by a doctor.
- **Prenatal classes for partners**
We will reimburse up to €50 per year for the attendance of your partner if he/she is insured with us.
- **NT (nuchal) scan**
We reimburse the costs of one NT scan per pregnancy, including laboratory services, up to a maximum of €180.
- **Toxoplasmosis test**
We reimburse the cost for a toxoplasmosis test during the early stages of pregnancy. If there is no sign of immune protection, we will also carry the cost of another two tests at up to €30 per test.
- **Midwife standby service**
For each pregnancy, we grant a subsidy of up to €250.

Our extras for your family

- **Baby bonus**
Parents will receive up to €200, if they insure their newborn with us. The bonus applies for children born on January 1, 2021, or later and with proof that the mother underwent all preventive medical checkups during the pregnancy and that the baby has undergone neonatal examinations U1 and U2.
- **Home assistance**
You can apply for help with the cost of home assistance if you are unable to run your household due to a serious illness. Our benefits exceed the legal requirements.
- **Vision exams for the little ones**
The amblyopia exam is performed twice – once between the age of 5 and 14 months and again between 20 and 50 months. We cover up to €20 for each screening.
- **Preventive medical checkups U10, U11, and J2**
We offer a €50 subsidy for each of these examinations.
- **Tooth sealant**
For children and youth between the ages of 6 and 17, we subsidize the cost of sealant for baby molars and the remaining (small) molars 4 and 5 for a maximum amount of €7.50 per tooth.

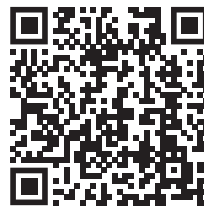


The baby bonus is our reward for health-conscious parents.

Moms and dads who also insure their baby with us during the first year of its life can look forward to €200. The requirement here is that the moms have taken advantage of the recommended preventive medical checkups during pregnancy and that the baby has undergone neonatal examinations U1 and U2.

Being insured with Daimler BKK is worth it. In the case of a four-person family, you can easily end up with a **cost benefit of over €1,000 in the year** via the use of the extra services.

You can calculate the individual benefits for you online directly with our "Vorteilsrechner" cost benefit calculator:



www.daimler-bkk.com/mitglied-werden/gute-gruende/vorteilsrechner/

More extra services on the back.

Notes on the text

For better readability, we have occasionally chosen only the masculine designation for persons or professions. Of course, this always refers to persons of any gender identity.