

Above and beyond standard

Take a look at these extras available only from Daimler BKK

As a health insurance company of the Daimler Group, we have high quality standards. Our entire attention goes to you and your family. That is why we offer numerous extras that no other health insurance company has. We offer excellent prevention and care options.

Our extras

Peer-to-peer advice As fellow Daimler employees, we offer peer-to-peer consultations. Our aim is to find the best solution for you.

Support for medical malpractice Talk to us if you suspect that you have received incorrect medical treatment from a doctor. We will advise you of your options.

Become a member It's easy, convenient and available online.

Online accident questionnaire Use the web form in the Daimler BKK app to complete the accident questionnaire online. It's easy as 1-2-3.

Online questionnaire for family insurance Use our web form to easily fill out the family insurance questionnaire, for instance in the Daimler BKK app.

Daimler BKK app By using the free Daimler BKK app, you will always have access to our service at your fingertips. You can use it to conveniently send us sickness notifications, invoices and other documents. You save time and postage!

INFOMED healthcare hotline If you have medical questions, please call our healthcare hotline at **06 21 54 90 18 97**. Native German speakers can also request a list of German-speaking doctors abroad.

Advice for hospital patients For serious illnesses, we provide expert advice at the hospital.

Newsletter Subscribers receive all news about Daimler BKK by e-mail once a month. Sign up today at www.daimler-bkk.com, web code 5666.

Online customer center Our online customer center offers self-service for health insurance matters, anytime and anywhere.

Contracts for surgery, cardiology, orthopedics and psychiatry You will receive special care from selected providers.

Video consultation See a doctor without leaving your house! Every day from 6:00 a.m. to 10:00 p.m. around the globe, you can obtain medical advice from a doctor. This is especially useful if you're on vacation.

Preventive care reminders This service notifies you of the preventive care options for you and your children.

Tariff options

Premium refund tariff option We will refund you up to one month's premium if you do not use any services apart from preventive care and healthcare promotion activities.

Special outpatient medical care tariff option We have a number of agreements with doctors and clinics for this special type of care (such as for homeopathy and ADHD). This coordinated treatment guarantees better quality and service.

DMP tariff option Insureds with certain chronic illnesses can enroll with their doctor for special treatment (disease management programs). Contact us for a consultation.

Integrated healthcare agreements We have integrated healthcare agreements with selected providers for specialized care in the areas of surgery, cardiology, orthopedics and psychiatry.

Sick pay tariff option If you are not legally entitled to sick pay, you can enroll with us for this benefit.

Deductible tariff option Your premium will be lower if you pay for services yourself (up to a defined amount).

Workplace re-entry This rehabilitation treatment, which is offered on a regional basis, provides you with therapies that have been tailored to the specific requirements of your job. This makes it much easier for you to return to your day-to-day work.

Supplementary insurance Private supplementary insurance is a useful add-on for your statutory health insurance. You can obtain the best rates through Daimler Vorsorge und Versicherungsdienst (Daimler VVD) – contact us for information.

Our extra services

Peer-to-peer advice As fellow Daimler employees, we offer peer-to-peer consultations. Our aim is to find the best solution for you.

Personal advice at your workplace We can also consult with you at work upon request. Schedule an appointment.

Workplace health promotion reward model We promote good health at Daimler with our reward model. We provide funding to the locations for health promotion activities, which are open to all employees.

Direct billing with the company medical service We handle direct billing for certain services you use from the company medical service. One such service is the annual flu vaccination at Daimler's locations.

Psychosomatic intervention (PSI) PSI offers Daimler employees rapid assistance for psychosomatic issues. It includes up to eight individual appointments, with short wait times.

RückenPlus This program is for Daimler employees with chronic back, shoulder, hip or knee ailments. This practical therapy includes 30 to 36 sessions with modern equipment.

Our extras for your health

Activity week or Well-aktiv Get in shape with exercise, relaxation and proper nutrition. We pay up to €160 for the costs of the week-long program or the long healthcare weekend.

Health Courses With regular participation (at least 80% of the course), we assume 90% of the course fees (100% for Insured under 18 years), up to €150 per measure.

Online health coaches We help keep you fit online too. Our coach will teach you simple breathing, back, and workplace exercises you can do anywhere – at home, at work or on the go.

Bonus program 100 PRO AKTIV We reward you for healthy habits in the amount of up to €100 per year. Just order your bonus card and join in. You can even do so online.

Homeopathic remedies and naturopathic treatment We pay for homeopathic remedies simply with your health card. We also reimburse you for many homeopathic, phytotherapeutic and anthroposophic medicines.

Vaccinations We reimburse you for all doctor-recommended vaccines, including those for travel.

Osteopathy We reimburse 80 percent of the costs for up to six osteopathic treatments up to an amount of €60 per session. Contact us for a consultation.

Skin cancer screening and reflected light microscopy We will reimburse you up to €25 a year for early skin cancer detection.

Courses on breast self-examination These courses help identify breast cancer at an early stage through self-exams. The full costs are covered by us.

Check-ups for those under 35 Insureds aged 35 or over can have a complete physical every three years. We offer more than the standard required by law, and insureds under the age of 35 can have one physical exam covered by us.

Cancer prevention for men under 45 We offer more than the standard required by law. Men below the age of 45 with certain risk factors will be reimbursed for cancer screenings, up to €15 a year.

PSA test Men aged 20 or over with risk factors will be reimbursed for prostate cancer screenings, up to €20 a year.

Obesity management programs We reimburse the costs of some programs for insureds with clinical obesity, such as: Kinderleicht (for childhood obesity), Optifast and M.O.B.I.L.I.S.

Personal nutrition counseling Members with cancer, rheumatism or diabetes requiring a special diet can receive personal nutrition counseling.

Enjoying good mental health (SeGel) The care programs for persons with chronic mental health problems include life skills therapy, occupational therapy, on-call 24/7 assistance, and counseling for family members.

Our extras for families

Healthy pregnancy Our free Vorsorge-Plus program provides additional care for moms-to-be. It is designed to identify any risks as soon as possible.

BabyCare incl. App This program for preventing premature births is designed for women throughout pregnancy and the first weeks after the baby is born.

Fertility treatment We reimburse considerably more than the amount required by law. We will be pleased to advise you.

Medications for pregnant women For pregnant women, we reimburse the costs of OTC medications from the pharmacy that contain iron, magnesium and/or folic acid.

Prenatal classes for partners We reimburse the cost of childbirth classes not just for you, but your partner as well if they are also insured with us.

Toxoplasmosis test The test is used to check antibodies during pregnancy. We reimburse up to €30 per test, with a maximum of €90 total.

Ultrasound examination in early pregnancy We will cover the costs of an ultrasound during early pregnancy up to a maximum of €35.

NT (nuchal) scan We reimburse up to €180 for the costs of this special ultrasound during pregnancy.

Midwife on-call service We will reimburse you up to €250 for an on-call midwife in the last weeks of pregnancy.

Vision tests for babies and young children Amblyopia screenings are performed twice to check children for decreased eyesight. We reimburse the costs up to an amount of €20 per exam.

Home help We offer much more than the standard required by law. Contact us for a consultation.

Pediatric day surgery Hospital stays are very stressful, especially for children. We will cover the cost of inpatient surgery, which is a relief for the whole family.

Support for ADHD Children aged 4–17 with ADHD are eligible for special support, which also includes a parents' course (currently in Baden-Württemberg).

Preventive care for U10s (7–8 years), U11s (9–10 years) and J2 (age 16–17) These checkups for grade schoolers and adolescents exceed the legal standard. The costs are covered by us.

Tooth sealant For children aged 6 to 17 we will reimburse the costs for sealing back teeth, up to €7.50 per tooth.

Our extras for your vacation

INFOMED healthcare hotline If you have medical questions, please call our healthcare hotline at **06 21 54 90 18 97**. Native German speakers can also request a list of German-speaking doctors abroad.

Video consultation Every day from 6:00 a.m. to 10:00 p.m. around the globe, you can obtain medical advice from a doctor. This is especially useful if you're on vacation.

Private travel health insurance abroad Complete your statutory health insurance coverage. You can obtain best conditions from Daimler Vorsorge und Versicherungsdienst (Daimler VVD).

Daimler BKK app The whole service is always at hand: quick contact, document upload, video consultation and much more.